## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, [ | D.C. | 20549 |
|---------------|------|-------|
|---------------|------|-------|

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

|   | OMB APPRO                | OVAL |  |  |  |  |  |  |
|---|--------------------------|------|--|--|--|--|--|--|
|   | OMB Number: 3235-028     |      |  |  |  |  |  |  |
| l | Estimated average burden |      |  |  |  |  |  |  |
| l | hours per response:      | 0.5  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person*  Maida Robert P  (Last) (First) (Middle)  ALLIED MOTION TECHNOLOGIES INC.  495 COMMERCE DRIVE, SUITE 3 |  |   |          |         |                 | 2. Issuer Name and Ticker or Trading Symbol ALLIED MOTION TECHNOLOGIES INC [ AMOT ]  3. Date of Earliest Transaction (Month/Day/Year) 10/18/2016  4. If Amendment, Date of Original Filed (Month/Day/Year) |                                 |   |                   |  |                           |                  |                               |   | S. Relationship of Reporting Person(s) to Issuer (Check all applicable)     Director 10% Owner     Officer (give title Other (specify below) below)      VP Operational Excellence  6. Individual or Joint/Group Filing (Check Applicable Line) |  |  |   |                     |  |
|---|--|---|----------|---------|-----------------|--|---------------------------------|---|-------------------|--|---------------------------|------------------|-------------------------------|---|---|--|--|---|---------------------|--|
| (Street) AMHER  | ST NY  | 7 1   | 4228     |         |                 |  |                                 |   |                   |  |                           |                  |                               |   | X Form filed by One Reporting Person Form filed by More than One Reporting Person   |  |  |   |                     |  |
| (City)  | (St  | ate) (2   | Zip)     |         |                 |  |                                 |   |                   |  |                           |                  |                               |   |   |  |  |   |                     |  |
|   |  | Tabl  | e I - No | n-Deriv | ative           | Sec  | curitie                         | s Acc   | quired,           | Dis  | posed o                   | f, or            | Bene                          | eficia  | ally (  | Owne   | ed   |   |                     |  |
| 1. Title of Security (Instr. 3)  2. Transa Date (Month/D  |  |   |          |         | Execution Date, |  | Date,                           | Code (Instr.  |                   | 4. Securities Acquired (A)<br>Disposed Of (D) (Instr. 3, 4<br>5) |                           |                  |                               | 4 and Secu<br>Bene<br>Own                     |   | cially<br>I Following                          | 6. Ownership<br>Form: Direct<br>(D) or Indirec<br>(I) (Instr. 4) | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |                     |  |
|   |  |   |          |         |                 |  |                                 |   | Code              | v  | Amount                    | (A) or<br>(D) Pr |                               | Price   |   | Reported<br>Transaction(s)<br>(Instr. 3 and 4) |  |   | (11150: 4)          |  |
| Common  | Stock  |   |          | 10/18/  | /2016           | 2016   |                                 |   | F                 |  | 1,707 <sup>(1)</sup> D \$ |                  | \$20                          | .22   | 49,713  |  | D  |   |                     |  |
| Common Stock  |  |   |          |         |                 |  |                                 |   |                   |  |                           |                  |                               |   |   | 1  | 1,648  | I   | By<br>ESOP<br>Trust |  |
|   | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |   |          |         |                 |  |                                 |   |                   |  |                           |                  |                               |   |   |  |  |   |                     |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)   | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security  | 3. Transaction Date Execution Date, if any (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 4. Transaction Code (Instr. 8) 5. Number of Derivative Securitie Acquired (A) or Dispose of (D) (Instr. 3, and 5) |          |         |                 |  | ative<br>rities<br>ired<br>osed | 6. Date Exercisable and Expiration Date (Month/Day/Year)  (Month/Day/Year)  7. Title and Amount of Securities Underlying Derivative Security (Instrand 4) |                   |  |                           |                  | str. 3                        | 8. Price<br>Derivati<br>Securiti<br>(Instr. 5 |   | derivative<br>Securities                       | Ownershi<br>Form:<br>Direct (D)<br>or Indirec<br>(I) (Instr. 4   | Beneficial<br>Ownership<br>(Instr. 4)                             |                     |  |
|   | Code   |   |          |         |                 | v  | (A)                             | (D)   | Date<br>Exercisal |  | Expiration<br>Date        | Title            | Amo<br>or<br>Nun<br>of<br>Sha |   | er  |  |  |   |                     |  |

## Explanation of Responses:

1. On October 18, 2016, 4,615 restricted shares vested and the Reporting Person instructed the Company to withhold 1,707 shares of common stock to cover tax withholding obligations as permitted under the Company's 2007 Stock Incentive Plan, as amended.

## Remarks:

Susan M. Chiarmonte, attorney-in-fact for Robert P.

12/09/2016

**Maida** 

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.