#### FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name an Winter (Last) C/O ALI 495 COM (Street) AMHER	3. E 05/	Issuer Name and Ticker or Trading Symbol     ALLIED MOTION TECHNOLOGIES INC     [ AMOT ]      3. Date of Earliest Transaction (Month/Day/Year)     05/23/2017      4. If Amendment, Date of Original Filed (Month/Day/Year)								S. Relationship of Reporting Person(s) to Issuer (Check all applicable)     X Director 10% Owner Officer (give title below)      6. Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person								
(City)	(St	ate) (a	Zip)												Pers		filed by More than One Reporting n	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Y				Execution Date,		···/	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and			5. Amount of Securities Beneficially Owned Follow Reported		ities ficially d Following	6. Ownership Form: Direct (D) or Indirect g (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							v	Amount	(A) or (D)	Price		Trans	action(s) 3 and 4)		(11301.4)			
Common Stock 05/23/					017	17			S <sup>(1)</sup>		2,000	D	\$24.69	<del>)</del> 01 <sup>(2)</sup>		0(3)	<b>I</b> (5)	By IRA
Common	Stock			06/13/2	018				<b>P</b> (1)		2,000	A	\$48.9	3.9715 2,000 <sup>(4)</sup> I <sup>(5)</sup> By				
Common	Stock													14,118 D <sup>(6)</sup>				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	ative Conversion or Exercise Price of Derivative Security Date (Month/Day/Year)  Date (Month/Day/Year)  Execution Date, if any (Month/Day/Year)  I CC (Month/Day/Year)		4. Transa Code ( 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Date Expiration  Date Expiration  Expiration Date (Month/Day/Year)  Date Expiration  Exercisable Expiration  Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)  Amount or Number of Title Shares		8. Price of Derivative Security (Instr. 5)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

## **Explanation of Responses:**

- 1. These transactions were executed by the custodian for reporting person's individual retirement account (the "Firm"). The Firm did not discuss such transactions with the reporting person at the time the trades were made and the reporting person recently became aware that such sales and repurchase had been made. The initial sale transaction was contrary to the instructions of the reporting person and the subsequent repurchase transaction was also executed by the Firm without the the reporting person's authorization.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$24.6469 to \$24.7065, inclusive. The reporting person undertakes to provide to Allied Motion Technologies Inc., any security holder of Allied Motion Technologies Inc., or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote.
- 3. Reflects the reporting person's holdings as of May 23, 2017 after the unauthorized sale transaction that was effected by the Firm on such date.
- 4. Reflects the reporting person's holdings as of June 13, 2018 after the unauthorized repurchase transaction that was effected by the Firm on such date.
- 5. The reporting person's prior Section 16 filings reported his IRA holdings as directly owned by the reporting person. The reporting person is reporting the subject shares as indirectly owned in this Form 4 to show the net effect of the unauthorized transactions effected by the Firm.
- 6. Includes shares purchased in the reporting person's IRA account that were previously reported on a Form 4 filed on May 14, 2019.

# Remarks:

Susan M. Chiarmonte, 08/29/2019 attorney-in-fact for Michael R. Winter

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.