FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	OVAL					
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Winter Michael R						2. Issuer Name and Ticker or Trading Symbol ALLIED MOTION TECHNOLOGIES INC										5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
						[AMOT]										Direc			10% C			
(Last) (First) (Middle)																belov	er (give title w)		below)	(specify		
C/O ALLIED MOTION TECHNOLOGIES INC.						3. Date of Earliest Transaction (Month/Day/Year)																
495 COMMERCE DRIVE, SUITE 3					05/	05/01/2019																
					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable						
(Street)																Line) X Form filed by One Reporting Person						
AMHERST NY 14228																	Form filed by More than One Reporting					
																Person						
(City)	(St	ate) (2	Zip)																			
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						Day/Year) i		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Disposed Code (Instr. 5)		ities Acquired (A) d Of (D) (Instr. 3,			4 and Se Be Ov		Securities F Beneficially (Owned Following (ership Direct ndirect r. 4)	7. Nature of Indirect Beneficial Ownership		
							v	Amount	(<i>i</i>	A) or D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)					
Common Stock 05/01/									A		1,490) A \$		\$0	0(1) 14		4,718	Г)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3)	rative Conversion Date Execution Date, rity or Exercise (Month/Day/Year) if any			Date,	Code (8)	Transaction Code (Instr.		of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Date Exercisable and Expiration Date Month/Day/Year) Date Expiration Date Expiration Date Date Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amount or Numbe of Title Shares			ice of vative urity r. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owi For Dire or Ii (I) (I	nership m: ect (D) ndirect instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Explanation of Responses:

1. Grant of restricted shares pursuant to the Company's Non-Employee Director Compensation Policy under the 2017 Omnibus Incentive Plan. These restricted shares vest one-fourth each on the first business day of each of April, June, September and December that occurs during the one year period after the Grant Date.

Remarks:

Susan M. Chiarmonte, attorney-in-fact for Michael R. 05/02/2019 Winter

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.