FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

l	OMB APPRO	VAL
	OMB Number:	3235-0287
l	Estimated average burd	en
l	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* WARZALA RICHARD S					AI	2. Issuer Name and Ticker or Trading Symbol ALLIED MOTION TECHNOLOGIES INC									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner					
(Last) (First) (Middle) ALLIED MOTION TECHNOLOGIES INC. 495 COMMERCE DRIVE, SUITE 3			3. D	[AMOT] 3. Date of Earliest Transaction (Month/Day/Year) 03/12/2019										belov	•	Other (specify below) utive Officer				
(Street) AMHER (City)			14228 (Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								i. Indiv ine) X	Forn	or Joint/Group Filing (Check Applicable in filed by One Reporting Person in filed by More than One Reporting son				
		Tabl	le I - Nor	n-Deriv	ative	Se	curitie	es Acc	quired,	Dis	posed o	f, or	Bene	fici	ally (Owne	ed			
1. Title of Security (Instr. 3) 2. Transplate (Month/I			Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)				4 and Secu Bene Owne		cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount		(A) or (D)	Pric	e	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common Stock 03/12/				2/2019	/2019		A		6,648	3	Α	(:	1) 1,(062,367		D			
Common Stock 0				03/12	/12/2019				A		6,648		Α	(2)	1,0	1,069,015		D	
Common Stock																15,731			I	By ESOP Trust
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) 3. Transaction Date (Execution Date, if any (Month/Day/Year)		Date, ny/Year) _	Code (8)	Fransaction of Code (Instr. Derivative		vative irities sired r osed) r. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year) Date Exercisable Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amoun or Numbe of		ount lber	t		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	F C O (I	0. Ownership orm: Orect (D) Or Indirect O) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		

Explanation of Responses:

- 1. Grant of time-based restricted shares pursuant to the Company's 2017 Omnibus Incentive Plan. These restricted shares vest one-third each on April 1, 2020, 2021 and 2022.
- 2. Grant of performance-based restricted shares pursuant to the Company's 2017 Omnibus Incentive Plan. All or a portion of these restricted shares will vest over a three year period upon satisfaction of certain performance goals established by the Compensation Committee for the year ending December 31, 2019.

Remarks:

Susan M. Chiarmonte, Attorney-in-Fact for Richard S. 03/14/2019 Warzala

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.