FORM 4

Check this box if no longer subject

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
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to Section 16. Form 4 or Form 5 obligations may continue. See Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 Instruction 1(b).

Name and Address of Reporting Person* Federico Richard D						2. Issuer Name and Ticker or Trading Symbol ALLIED MOTION TECHNOLOGIES INC [AMOT]									ck all app	ionship of Reportir all applicable) Director Officer (give title		10% O	vner
(Last) (First) (Middle) C/O ALLIED MOTION TECHNOLOGIES INC. 495 COMMERCE DRIVE, SUITE 3						3. Date of Earliest Transaction (Month/Day/Year) 05/07/2020								belov			Other (below)	specify	
(Street) AMHERST NY 14228 (City) (State) (Zip)					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Ind Line)	′					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transact Date (Month/Date)				Execution Dat		Date,	Transaction Code (Instr. 5		4. Securities Acquired (ADisposed Of (D) (Instr. 3, 5)				Securit Benefic Owned	ecurities eneficially		vnership :: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount (A		or F	rice	Transa	ction(s) 3 and 4)			(car i)
Common Stock 05/07/2					′2020			A		2,752	A		(1)	42,223			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	ve Conversion Date Execution Date, or Exercise (Month/Day/Year) if any			5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		rative rities ired r osed)	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Ins: 3 and 4)		str.	Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y G	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
					Code V		(A)	(D)	Date Expira		Expiration Date	Title	or Numl of Share	oer					

Explanation of Responses:

1. Grant of restricted shares pursuant to the Company's Non-Employee Director Compensation Policy under the 2017 Omnibus Incentive Plan. These restricted shares vest one-fourth each on the first business day of each of April, June, September and December that occurs during the one year period after the Grant Date.

Remarks:

Susan M. Chiarmonte, attorney-in-fact for Richard D. 05/12/2020 <u>Federico</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.