FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| STATEMENT OF CHANGES IN BENEFICIA | AL OWNERSHIP |
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| 0.5 |
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* Federico Richard D | | | | | | | 2. Issuer Name and Ticker or Trading Symbol ALLIED MOTION TECHNOLOGIES INC AMOT | | | | | | | | | all app | blicable) ctor | ig Person | Person(s) to Issuer 10% Owner | |
|--|--|--|---|----------|---|--|---|--|---|---|----------|---|---------------|--------------|--|---|---|---|--|-----|
| | (Last) (First) (Middle) C/O ALLIED MOTION TECHNOLOGIES INC. 455 COMMERCE DRIVE, SUITE 4 | | | | 3. Date of Earliest Transaction (Month/Day/Year) 03/14/2014 | | | | | | | | | | Office below | er (give title w) | | Other (specify below) | | |
| (Street) | (Street) AMHERST NY 14228 | | | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | | Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | | | | | | | | | | | | |
| 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date) | | | | | | ar) i | 2A. Deemed Execution Date, if any (Month/Day/Year) | | Transaction Dispos | | Disposed | rities Acquired (A ed Of (D) (Instr. 3, | | | | 5. Amount of Securities Beneficially Owned Following Reported | | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | |
| | | | | | | | | | Code | v | Amount | | (A) or (D) | Price | | Transaction(s) (Instr. 3 and 4) | | | | , , |
| Common | Stock | | | 03/14 | 4/2014 | | | | P | | 641(1) |) | A | \$1 3 | \$11.7 25,224 D | | | | | |
| | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deeme Execution if any (Month/Da | ay/Year) | 4. Transa Code (8) | | Securities Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | 6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable | | | 7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4) Amoun or Numbo of Title Shares | | ount nber | Deri Secu | rice of ivative urity tr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | |

Explanation of Responses:

1. These shares were purchased by the Reporting Person pursuant to the Company's Non-Employee Director Stock in Lieu of Cash Retainer Plan.

Remarks:

Susan M. Chiarmonte, attorney-in-fact for Richard D. 03/18/2014 **Federico**

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.