#### FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| Check this box if no longer subject to | ( |
|--|---|
| Section 16. Form 4 or Form 5           |   |
| obligations may continue. See          |   |
| Instruction 1(b).                      |   |

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person*     Maida Robert P                            |   |  |  |                                      |   | 2. Issuer Name and Ticker or Trading Symbol ALLIED MOTION TECHNOLOGIES INC [ AMOT ] |  |                               |                                       |                    |          |   |               |            |                       | k all app<br>Dired<br>Offic  | er (give title  | ig Pers                 | 10% O   | wner<br>(specify   |
|---|---|--|--|--------------------------------------|---|---|--|-------------------------------|---------------------------------------|--------------------|----------|---|---------------|------------|-----------------------|--|---|-------------------------|---|--|
| (Last) (First) (Middle) ALLIED MOTION TECHNOLOGIES INC. 495 COMMERCE DRIVE, SUITE 3 |   |  |  |                                      | 3. Date of Earliest Transaction (Month/Day/Year) 03/02/2016 |   |  |                               |                                       |                    |          |   |               |            |                       | VP Operatinal Excellence   |   |                         |   |  |
| (Street)  AMHER  (City)   |   |  | 14228<br>Zip)                                |                                      | 4. If An  | 4. If Amendment, Date of Original Filed (Month/Day/Year)                            |  |                               |                                       |                    |          |   |               |            | 6. Indi<br>Line)<br>X | lividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person |   |                         |   |  |
| 1. Title of Security (Instr. 3)   |   |  |  | 2. Transaction Date (Month/Day/Year) |   | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year)                         |  | 3.<br>Transa<br>Code (I<br>8) | ction                                 | 4. Securit         |          | of, or Benefic<br>ties Acquired (A)<br>d Of (D) (Instr. 3, 4                                      |               |            | 5. Amount of          |  | 6. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4)   |                         | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |
| <u> </u>  | Cr. 1   |  |  | 02/02                                | /2016   |   |  |                               | Code                                  | v                  | Amount   | 1)  | (A) or<br>(D) | Pri        |                       | Transa<br>(Instr.  | action(s)<br>3 and 4)   |                         |   | (111311. 4)  |
| Common Stock Common Stock   |   |  |  | 03/02/2016                           |   |   |  | A                             |                                       | 1,706 <sup>(</sup> | $\dashv$ | A<br>A  | -             | \$0<br>\$0 | 48,534<br>49,387      |  | D<br>D  |                         |   |  |
| Common Stock  |   |  | 03/02/2016                                   |                                      |   |   | A  |                               | 2,033(                                | 3)                 | A        | \$0   |               | 51,420     |                       | D  |   |                         |   |  |
| Common Stock  |   |  |  |                                      |   |   |  |                               |                                       |                    |          |   |               |            | :                     | 1,210  |   | I                       | By<br>ESOP<br>Trust   |  |
|   | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  (e.g., puts, calls, warrants, options, convertible securities) |  |  |                                      |   |   |  |                               |                                       |                    |          |   |               |            |                       |  |   |                         |   |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)                                 | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security   | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deem<br>Execution<br>if any<br>(Month/Da | Date,                                | 1.<br>Fransacti<br>Code (Ins<br>3)                          | on of<br>tr. Do<br>Se<br>A<br>(A<br>Di<br>of<br>(Ir                                 | Number ferivative ecurities cquired () or isposed f (D) enstr. 3, 4 and 5) | 6                             | 6. Date Ex<br>Expiration<br>(Month/Da | n Date             | •        | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative<br>Security (Instr.<br>and 4) |               | str. 3     | Der<br>Sec<br>(Ins    | ivative<br>curity<br>str. 5)   | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s<br>(Instr. 4) | O<br>F<br>D<br>O<br>(I) | Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|   |   |  |  |                                      | or<br>Nu<br>of  | mber  |  |                               |                                       |                    |          |   |               |            |                       |  |   |                         |   |  |

## **Explanation of Responses:**

- 1. Grant of restricted shares pursuant to the Company's 2007 Stock Incentive Plan. These restricted shares vest one-third each on March 31, 2017, 2018 and 2019.
- 2. Grant of performance shares pursuant to the Company's 2007 Stock Incentive Plan. All or a portion of these STIP performance shares will vest over a three-year period upon the satisfaction of certain performance goals established by the Compensation Committee for the year ending December 31, 2016.
- 3. Grant of performance shares pursuant to the Company's 2007 Stock Incentive Plan. All or a portion of these LTIP performance shares will vest over a three-year or five-year period upon the satisfaction of certain performance goals established by the Compensation Committee for any year during the five-year period ending December 31, 2020.

# Remarks:

Susan M. Chiarmonte, attorney-in-fact for Robert P. Maida

\*\* Signature of Reporting Person

03/04/2016

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.