FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

**OMB APPROVAL** 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar WARZ (Last)	Issuer Name and Ticker or Trading Symbol     ALLIED MOTION TECHNOLOGIES     INC [ AMOT ]      Date of Earliest Transaction (Month/Day/Year)									Officer (give title below)			10% O Other ( below)							
ALLIED MOTION TECHNOLOGIES INC. 495 COMMERCE DRIVE, SUITE 3						03/11/2020									Chief Executive Officer					
(Street)					4. If <i>A</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)									i. Individual or Joint/Group Filing (Check Applicable ine)  X Form filed by One Reporting Person					
AMHER 	AMHERST NY 14228														Form filed by More than One Reporting Person					
(City)	(Sta	ate) (Z	Zip)																	
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)						Execution Da			3. Transaction Code (Instr. 8)						5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) (D)	or P	rice	Transa	ed ction(s) 3 and 4)			(Instr. 4)	
Common Stock 03/11/2					2020	2020					9,053	I	A	(1)	1,026,648		D			
Common Stock 03/11/2					2020				A		9,053	A	A	(2)	1,0	1,044,754		D		
Common Stock 03/11/2					2020				A		39,214	A	A	(3)	1,083,968		D			
Common Stock															16,010			I	By ESOP Trust	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Exercise (Month/Day/Year) if any (Month/Day/Year) if any				Transaction Code (Instr.		of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Exerci on Da Day/Yo	ear)	7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		De Se (In	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficia Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	of Share	s							

## **Explanation of Responses:**

- 1. Grant of time-based restricted shares pursuant to the Company's 2017 Omnibus Incentive Plan. These restricted shares vest one-third each on April 1, 2021, 2022 and 2023.
- 2. Grant of performance-based restricted shares pursuant to the Company's 2017 Omnibus Incentive Plan. All or a portion of these restricted shares will vest over a three-year period upon the satisfaction of certain performance goals established by the Compensation Committee for the year ending December 31, 2020.
- 3. Grant of performance-based restricted shares as long-term incentive pursuant to the Company's 2017 Omnibus Incentive Plan. 19,215 shares of this long-term incentive award will vest over a five-year period, one-fifth on each of March 11, 2021 and March 7, 2022, 2023, 2023 and 2025. All or a portion of the remaining 19,999 shares of this long-term incentive award will vest over a three-year or fiveyear period upon the satisfaction of certain performnace goals established by the Compensation Committe for any year during the period ending December 31, 2022.

## Remarks:

Susan M. Chiarmonte,

Attorney-in-Fact for Richard

03/13/2020

Warzala

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.