(Street)

**AMHERST** 

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5

NY

14228

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	<b>OF CHANGES</b>	IN BENEFICIAL	<b>OWNERSHIP</b>

Estimated average burden

Line)

Person

OMB APPROVAL

3235-0287

OMB Number:

Form filed by One Reporting Person

Form filed by More than One Reporting

Jobligations may continue. See Instruction 1(b).	Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940	hours per response: 0.5
Name and Address of Reporting Person*  VARZALA RICHARD S  ast) (First) (Middle)	2. Issuer Name and Ticker or Trading Symbol ALLIED MOTION TECHNOLOGIES INC [ AMOT ]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director X 10% Owner  X Officer (give title below) below)
LLIED MOTION TECHNOLOGIES INC. 95 COMMERCE DRIVE, SUITE 3	3. Date of Earliest Transaction (Month/Day/Year) 01/12/2019	Chief Executive Officer
	4. If Amendment, Date of Original Filed (Month/Day/Year)	6 Individual or Joint/Group Filing (Check Applicable

(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 2A. Deemed Execution Date, 6. Ownership Form: Direct 1. Title of Security (Instr. 3) 2. Transaction 5. Amount of 7. Nature Date Transaction Securities of Indirect (Month/Day/Year) if any (Month/Day/Year) (D) or Indirect (I) (Instr. 4) Beneficial Ownership Code (Instr. Beneficially 8) Owned Following Reported (Instr. 4) (A) or (D) Transaction(s) Price Code Amount (Instr. 3 and 4) 01/12/2019 Common Stock 995 D (1) 1,013,862 D F Common Stock 02/15/2019 12,820 (2) 1,026,682 A A D Common Stock 02/15/2019 Α 29,037 Α (3) 1.055,719 D By **ESOP** Common Stock 15,731 T Trust Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

## (e.g., puts, calls, warrants, options, convertible securities) 5. Number 6. Date Exercisable and 7. Title and

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

## **Explanation of Responses:**

- 1. On the indicated date, the Reporting Person instructed the Company to withhold shares of common stock to cover tax withholding obligations upon the vesting of restricted stock as permitted under the applicable shareholder-approved stock incentive plan.
- 2. Grant of restricted shares pursuant to the Company's 2017 Omnibus Incentive Plan. These restricted shares vest one-fifth on February 15, 2020 and one-fifth each on December 6, 2020, 2021, 2022 and 2023.
- 3. Grant of restricted shares pursuant to the Company's 2017 Omnibus Incentive Plan. These restricted shares vest two-thirds on March 31, 2020 and one-third on March 31, 2021.

## Remarks:

Susan M. Chiarmonte, Attorney-in-Fact for Richard S. 02/19/2019 Warzala

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.